

# **Sophy's**

**Cambodian and Thai Cuisine**

**Serving Long Beach in our new location with an extended menu and take out for when you are on the go. Find us online at: <http://www.sophysthai.com>**

**3240 E Pacific Coast Highway  
Long Beach, Ca 90804  
(562) 494-1763**

**Hours of operation  
SEVEN DAYS A WEEK  
9 AM – 10 PM**

## **APPETIZERS**

- 1. Sate (5 Sticks) \$7.95**  
*Marinated chicken served with peanut sauce.*
- 2. Beef Skewer (5 Sticks) \$7.95**  
*Beef sirloin served with our secret pickled papaya salad.*
- 3. Egg Rolls \$5.50**

*Deep Fried Wraps served with sweet and sour sauce.*

- 4. Chicken Wings \$7.50**  
*The flavors of ginger, garlic, chili and minced kaffir leaf. Served with spicy honey sauce.*
- 5. Shrimp Tempura (7) \$8.95**  
*Shrimp and vegetables deep fried in tempura batter. With honey sauce.*
- 6. Spring Rolls (2) \$5.95**  
*Fresh rolls with vegetables, shrimp and shredded pork patty, wrapped in rice paper. Served with sweet & sour sauce.*
- 7. Fried Wonton \$5.50**  
*Deep friend Wontons filled with ground pork. Served with sweet & sour sauce.*
- 8. Na Tang (Dip) \$7.95**  
*A dip that contains chicken, chopped peanuts and coconut milk served on French bread.*
- 9. Shrimp Spring Roll (4) \$7.95**  
*Fresh hand rolls of vegetables and deep fried shrimp patty served with fresh tangy lime sauce.*
- 10. Deep Fried Tofu \$5.50**  
*Deep fried Tofu served with a sweet and sour sauce.*
- 11. Fish Cakes \$9.95**  
*Fluffy Fish Cakes deep fried until golden brown. Served with cucumbers, tomatoes and crushed peanuts in a sweet sour sauce.*

## **ENTRÉE Curry**

**(Note: All of our curries have coconut bass and lemongrass paste) For Shrimp, Mussel or Seafood Combination: Add \$2.00**

*(Note: Price and menu are subject to change without notice)*

*(Delivery, Take-Outs and Catering for all occasions is available – Please contact management for further details)*

**12. Kang Panang (Thick Red) \$8.95**  
*A spicy red curry with red and green bell peppers and kaffir leaf.*  
**(Chicken or Beef)**

**13. Kang Khiev Vaan \$8.95**  
*A thick green curry with Bamboo shoot, basil and kaffir leaf.* **(Chicken or Beef)**

**14. Kahrie TaLhoeng \$8.95**  
**(Khmer Red Curry)**  
*Carrots, potato and onions served with a choice of French bread, steamed rice, or folded rice noodles and assorted vegetables.* **(Chicken or Beef)**

**15. Kahrie TaPeang \$8.95**  
**(Spicy Red Curry w/Bamboo shoot)**  
*The spicy cousin of Kahrie TaLhoeng brings you a mix of bamboo shoot, basil and kaffir leaf to a jaw dropping simmer.*  
**(Chicken or Beef)**

**16. Salaman Curry \$9.95**  
*A slow cooked simmering curry that brings you the best of potatoes, whole peanuts and coconut milk.*

### **STIR FRY**

**17. Chah Kreoung \$9.50**  
*Khmer stir fry with bell pepper, kaffir leaf, basil and spicy lemongrass paste.*  
**(Chicken, Beef or Deep-fried Fish)**

**18. Pad Prik King \$8.50**  
**(Stir-fry w/Curry Paste-Thai Style)**  
*Stir fried long legged string beans with a spicy Thai curry paste.*  
**(Chicken, Beef, Crispy pork or Deep-fried Fillet Fish)**

**19. Stir-fry Ginger \$7.95**

*Thinly shredded ginger stir-fried with garlic, soybean and green onions.*  
**(Chicken or Beef)**

**20. Ka Pao \$8.95**  
*Diced chili garlic with bell peppers and basil in our special house sauce.*  
**(Seafood: Add \$3.00)**

**21. Stir-fry Vegetable \$7.95**  
*An assortment of Southeast Asian vegetables stir-fried in a special sauce.*

**22. Chicken Cashew Nuts w/Dried Chili \$8.95**  
*Cashews with roasted chili, bell peppers and green onions.*

**23. Chah Cutna \$8.95**  
*Chinese broccoli stir-fried with garlic and soybean sauce.* **(Chicken, Beef, pork or Deep-fried Fish Fillet)**

**24. Stir-fry Tofu \$7.95**  
*Tofu stir-fried with an assortment of vegetables.* **(Soft or Deep-fried Tofu)**

**25. Beef Lok Lak \$8.95**  
*Beef Lok Lak with lime sauce balanced with salt and pepper. Sliced tomatoes, cucumber, onions and lettuce top this stir-fried tenderize top sirloin beef.*

**26. Stir-fry Black Mushroom \$9.95**  
*Black Mushrooms stir fried with broccoli, carrots sautéed with our special house sauce.*

**27. Stir-fry Watercress \$8.95**  
*Watercress stir-fried with fresh chili, garlic and soybean sauce.*

**28. Stir-fry Chinese Broccoli w/Crispy Pork \$8.95**  
*Three layered crispy pork deep-fried with Chinese broccoli and our special house sauce.*

**9. Sautéed Pea Sprouts \$8.95**  
*Sautéed pea sprouts in a wild combination of fresh garlic and special house sauce.*

**0. Beef Broccoli \$8.95**  
*Beef and Broccoli stir fried to an afternoon delight and served with our special house sauce.*

**1. Orange Chicken \$8.95**  
*Battered chicken deep fried with orange peel served with our sweet and sour sauce.*

**2. Fried Scramble Eggs \$7.95**  
*A Cambodian specialty that comes to Long Beach in the form of scrambled eggs, ground pork and green onions.*

## **SPECIALTIES**

**3. Panang Salmon \$13.95**  
*The King of Fish grilled to your delight and topped with our special thick red curry sauce.*

**4. Such KohNgeat (Beef Jerky) \$9.95**  
*Flank steaks deeply marinated then deep-fried until tenderly dry. Served with our garlic and vinegar sauce.*

**5. Prahok Kteih \$8.50**  
*(Steamed Vegetables with a Dipping Sauce)*  
*Homemade sauce consisting of curry paste, pickled fish, ground pork, kaffir leaf & tamarind then simmered with coconut milk. Served with an assortment of fresh vegetables.*

**6. Treiy Chean Seasonal**  
*A popular favorite, Pomfret fish deep-fried until golden and crispy then topped with our authentic house sauce.*

**7. Deep-fried Squid \$8.95**  
*Squid in tempura batter deep-fried until golden crunchy then tossed with salt and pepper. Served with garlic and*

*vinegar sauce.*

**38. Banh Cheo (Asian Crepe) \$7.95**  
*Pan-fried crepes filled with ground chicken, shrimp, bean sprouts and onion. Served with an assorted fresh Asian vegetables, a variety of mint and crushed peanuts in our tasty sweet and sour sauce.*

**39. Khmer Ginger Deluxe \$8.95**  
*Stir fried in garlic, soybean sauce and black pepper then topped with golden crispy ginger. (Chicken or Beef)*

**40. House Special \$8.95**  
**BBQ Chicken (1/2)**  
*Deeply marinated chicken deep-fried until golden brown. (Whole: \$14.95)*

**41. Treiy Ahng (Grilled Catfish) \$13.95**  
*A whole catfish grilled & served with assorted fresh vegetables, basil and mint. (Add: \$2.00 for both sauces)*

**42. Such Chrouk Ahng (BBQ PK) \$8.95**  
*Thinly sliced grilled Pork marinated with coconut milk, minced, kaffir leaf, garlic and red wine. Served with sweet and sour sauce.*

**43. Fried Eggplant w/ Ground Pork \$8.95**  
*Eggplant stir-fried with ground pork, garlic, fresh chili, bell pepper & basil.*

**44. Beef Angswah (Beef Anchovy) \$13.95**  
*Thick grilled slices of top beef sirloin served with fresh anchovy sauce embraced in the arms of lettuce leaves. A Steak Lover's Delight.*

**45. Beef Tuk Prahok (Steak) \$12.95**  
*Top sirloin sliced beef topped with an authentic Khmer sauce and lettuce. Recommended for steak lover.*

**46. Sautéed Crab Seasonal**  
*Sweet glazed crab, wok-fired with bell peppers, jalapeno, green onions and special honey sauce.*

**47. River Barb Fish (Treiy Crauhae) \$9.95**

A deeply marinated River barb Fish fried to a crispy golden brown, served with cucumber and tomatoes.

**48. Salt & Pepper Shrimp \$9.95**

A crunchy shrimp dish sautéed with garlic, bell pepper and jalapenos. Served with salt & pepper lime juice.

**49. Basil Clams \$10.95**

Clams sautéed with basil, jalapenos and served with a secret house sauce.

**50. Rexsole Fish \$12.95**

(Deep Fried/Steamed)/(Treiy ondaht chkae)

Rexsole Fish deep fried until crispy golden brown. Served with our chilly garlic sauce.

Steamed Rexsole Fish served with sweet soya sauce.

**51. Tilapia Fish \$12.95**

(Deep Fried/Steamed)

Steamed Tilapia Fish served with ground pork and ginger sauce.

Tilapia Fish deep fried until golden crispy brown. Served with our chili garlic tamarind sauce.

**52. Snapper Fish \$12.95**

A delight of a fish that is deep fried to a crispy golden brown. Served with our sweet and sour tamarind garlic sauce.

**53. Black Peppered Frog \$10.95**

Delicate Frog meat sautéed with black pepper and a variety of our secret spices that will keep you coming back.

**54. Ginger Frog \$10.95**

Delicate Frog meat stir-fried with ginger till it reaches a thick golden brown color.

**55. Cha Kroeng Frog \$10.95**

Frog sautéed with curry paste, bell pepper, wild basil and jalapenos.

**56. Ahmok (Filet Catfish) \$10.95**

Catfish specially marinated with the love of coconut and curry paste served on a layer of exotic leaves.

## **SALADS (Plea)**

**57. Bok La'Hong \$7.95**

(Papaya Salad)

The Salad Dream comes alive with this delightful mix of shredded green papaya, carrot, fresh chili, sliced tomatoes and long string bean toss. This tempting salad is then topped with limejuice and garlic with either salted crab or dried shrimp and crushed peanuts. Served with slices of cabbage.

**58. Neoum SuchMeoun \$8.95**

w/Bong Kea

(Khmer Chicken and Shrimp Salad)

Shredded chicken, cabbage, carrot, cucumber, glass noodles, shrimp and basil leaves tossed in sweet and sour house sauce with crushed peanuts.

**59. Larb (Mince Salad) \$7.95**

The ever famous Larb comes together with Grilled ground meat tossed with cilantro, onions, mint, limejuice, and fish sauce then topped with a sparkle of roasted rice. Served with a side of cabbage. (Chicken or Beef)

**60. Plea (Beef or Chicken Salad) \$8.95**

Grilled sliced meat tossed with cilantro, onions, mint, limejuice and fish sauce then topped with a sparkle of roasted rice. Served with green leaf lettuce. (Chicken or Beef)

**61. Nam Tok (Thai Beef Salad) \$9.95**

Grilled Top Sirloin Beef Slices tossed with cilantro, onions, mint, limejuice and fish sauce then topped with a sparkle of roasted rice. Served with green leaf lettuce. (Chicken or Beef)

**62. Plea BongKea or Mug \$10.95**

(Shrimp or Squid Salad)

Grilled shrimp or steam squid tossed with lettuce, cucumber, ground chili, garlic, onions, minced, lemongrass,



cilantro, mint, lime juice, chili paste and fish sauce.

**63. Plea Salmon(Salmon Salad)\$13.95**

Come alive to Thin Slices of Salmon tossed with lettuce, cucumber, ground chili, garlic, onions, minced, lemongrass, cilantro, mint, limejuice, chili paste and fish sauce.

**64. Neoum Sdao \$9.95**

An assortment of cabbage, bean sprouts, cucumber and sdao (bitter vegetable) tossed in our authentic homemade tamarind sauce with a choice of **fish or three layered pork**. Served with a side of crushed peanuts.

**65. Neoum Papaya with \$8.95  
Baby Shrimp**

Papaya inspired salad mixed with carrots, baby shrimp topped with basil and crushed peanuts. Tossed with our sweet and tangy lime sauce.

**66. Neoum Duck Feet \$9.95**

Variety of cabbage, carrots, green sprouts with duck feet topped with basil and crushed peanuts. Tossed with our sweet and tangy lime sauce.

**67. Neoum Green Mango \$8.95  
(Dry Fish/Dry Shrimp)**

Green mango comes to you with dry fish or dry shrimp topped with crushed peanuts and basil leaves. Tossed with our sweet and tangy lime sauce.

**68. Dancing Shrimp Salad(Raw)\$10.95**

Phnom Penh inspired raw shrimp cocktail served with fish sauce, fresh chili, garlic, and carrots then topped with green onions. Served with our exotic Cambodian sauce.

**S O U P S (Somlaw)**

**69. Tom Yum (Spicy and Sour) \$8.95**

One of the best known soups of the Khmer people, Tom Yum is a broth based spicy and sour soup that comes alive with cilantro, lemongrass, galangal, kaffir leaf and limejuice. **(Seafood add \$2.00)**

**70. Somlaw Machu Kreoung \$9.95**

A soup inspired by the world of lemongrass with hints of tangy tamarind and watercress made to delight you. **(Khmer's favorite soup) (Chicken, Beef or Fish)**

**71. KangSom (Spicy Cabbage) \$8.95**

The love of soup comes in the form of nappa cabbage made with our fresh home made chicken broth. **(Chicken, Fish or Shrimp)**

**72. TomKah \$9.95**

**(Spicy and Sour Coconut)**  
You can never go wrong with this epicurean favorite - Chicken simmered with coconut milk, lemongrass, galangal, kaffir leaf and limejuice.

**73. Somlaw Machu Youun \$8.95**

**(Sweet and Sour Pineapple)**  
The yin and yang of sweet and sour pineapple topped with basil, roasted garlic, tomatoes, special herbs and kdad. Served with exquisite Asian vegetables. This delight of a soup comes with fish. **(Shrimp add \$1.00)**

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**74. Wonton Soup \$7.50**  
*Stuffed wonton skin with ground pork then simmered with Napa cabbage and BBQ Pork. (Crabmeat add \$1.00)*

**75. Ground Pork and Soft Bean Curd \$8.95**  
*Ground pork, soft bean curd and Napa cabbage simmered with straw mushroom.*

**76. Somlaw KauKoh \$9.95**  
*An assortment of vegetables with a sprinkle of ground and roasted rice. This is an authentic Khmer soup. (Chicken, Fish or Pork Spareribs)*

**77. Somlaw MachuKteih \$8.95**  
*(Sweet and Sour Pineapple Curry)*  
*A thick curry soup that comes with spareribs or chicken in a coconut basil curry paste. (Chicken, Fish or Pork Spareribs)*

**78. Somlaw MachuSrae \$8.95**  
*A soup hinting of tangy tamarind and watercress made to delight you. (Chicken, Beef or Fish)*

**NOODLE SOUP (Kuyteaw)**  
*(Choice of Rice or Egg Noodles, Served with a side of bean sprouts, jalapeno and lime) (Seafood \$2.00 Extra)*

**79. Phnom Penh Noodles \$5.95**  
*(Soup or Dry)*

*The toast of Phnom Penh, a broth based rice noodle soup that comes with ground pork, slice pork, pork patty, meatball and shrimp then topped with cilantro, green onion and golden roasted garlic.*

**80. Beef Noodles (Soup or Dry) \$5.50**  
*A broth based rice noodle soup with beef, meatball and then topped with cilantro, green onion and golden roasted garlic.*

**81. Thai Boat Noodles \$6.50**  
*(Soup or Dry)*

*Brought to you from the lands of Phuket and Krabi. This soup joins the world of rice noodles with beef, meatball, beef tripe and shrimp then topped with cilantro, green onion and golden roasted garlic. Served with watercress.*

**82. Chicken Glass Noodles \$5.95**  
*(Soup or Dry)*  
*A broth based glass noodle soup with chicken then topped with cilantro, green onion and golden roasted garlic.*

**83. Seafood Noodle Deluxe \$6.95**  
*(Soup or Dry)*  
*You have to try this amazing seafood soup. The sea world comes to your palate with a host of mussels, squid, shrimp, and meatballs topped with cilantro, green onions and golden brown roasted garlic.*

**84. Beef Stew Noodles \$6.95**

Beef soup with noodles topped with roasted garlic and cilantro.

5. **Rice Porridge** **\$5.95**  
Cambodian style home porridge.  
(Served with chicken, pork blood or seafood)

6. **Nom Bagn Chok** **\$7.95**  
(Khmer Style or Nam Ya)  
An exotic fish based soup with a light curry paste and folded noodles. Served with bean sprouts, sliced string beans, shredded cucumber with banana flour.

7. **Duck Noodles** **\$7.95**  
(Khmer Style or Nam Ya)  
Chopped roasted duck in a broth base then topped with cilantro, green onions and golden brown roasted garlic.

### **STIR FRIED NOODLES** (Chhah)

(Add: Shrimp, \$1.00; Seafood, \$2.00)

8. **Pad Thai** **\$7.50**  
The world famous Pad Thai, stir-fried rice noodles with egg, bean sprouts and green onions. Served with fresh bean sprouts, lime and crush peanuts. (Chicken, Beef, Pork or Tofu)

9. **ChanPu** (Stir-fry w/Crab meat) **\$7.50**  
Crabmeat with an appetizing mix of eggs, chili, green onions and Stir-fried rice noodles.

0. **Pad SaEewe** **\$7.50**  
(Big Flat Rice Noodles w/Chinese Broccoli)

A soy inspired stir fried rice noodle delight comes to you with the famed Chinese broccoli and eggs galore.

1. **Chah MiSuor** **\$6.95**  
Never say never, be enchanted with this stir-fried glass noodles that comes with egg, mushroom and an assortment of

vegetables. (Chicken, Beef, Pork or Tofu)

92. **Pad KiMao** **\$7.50**  
(Big Flat Rice Noodles w/Ground Beef)  
KiMao, the giant amongst noodles. This noodle delicacy is Stir-fried with ground beef, garlic, chili, basil and a host of tomatoes.

93. **Chow Mein** **\$6.95**  
Stir-fried chow mein noodles with an assortment of vegetable. (Chicken, Beef, Pork or Tofu)

94. **Chah Mi KaTahng** **\$7.95**  
(Big Flat Rice Noodles w/Chinese Broccoli in Gravy)  
Dream a little Dream and you come to this inspired noodle dish that hosts big flat rice noodles, eggs and Chinese broccoli in thick gravy. (Chicken, Beef, Pork or Tofu)

95. **BaBoong** **\$7.95**  
(Rice Vermicelli Noodles)  
choice of BBQ pork, grill shrimp, beef, chicken, or spring rolls tossed with thinly sliced cucumber, lettuce, bean sprouts, cilantro, carrot, rice vermicelli noodles and basil. Served with our sweet and sour sauce.

96. **LoadChah** **\$6.95**  
Our delicious Cambodian noodle dish with eggs, bean sprouts and green onions. Served with fresh bean sprouts, lime and crushed peanuts and sweet and sour sauce. (Chicken, Beef, Pork or Tofu)

97. **MiChah** **\$6.95**  
Cambodian Students can't live without this and how could you? This stir-fried rice noodles with eggs, bean sprouts and green onions. Served with fresh bean sprouts, lime and crush peanuts and sweet and sour sauce.

**(Chicken, Beef, Pork or Tofu)**

- 98. Bagn Hoi \$8.95**  
*Fresh rice noodle cakes served with a choice of grilled shrimp patty, barbecue pork, or sautéed Beef accompanied with mixed Asian greens. Served with special house sweet and sour sauce topped with crushed peanuts and roasted garlic.*

## **RICE**

*(All fried rice served with slices of cucumber, tomato, lime and a side of broth)*

- 99. Fried Rice \$6.50**  
*A choice of chicken, beef or pork stir-fried with house sauce. (Shrimp or Crabmeat add \$1.55)*
- 100. Combination Fried Rice \$7.95**  
*Chicken, beef and shrimp stir-fried with house*
- 101. Special Fried Rice \$6.95**  
*BBQ pork and Chinese sausage stir-fried with house sauce.*
- 102. Fried Rice \$5.95**  
*With Chinese Broccoli Stir-fried with house sauce.*
- 103. Steamed Rice \$1.50**

## **DESSERTS**

- Mango with Sweet Rice: \$5.95**  
*A Cambodian must have dessert that brings you the king of fruits – Mango and enchanting sweet rice.*
- Yucca Delight \$4.95**  
*Yucca potatoes, eggs, coconut milk baked to the sweetness of your palate.*
- Tao Soun \$3.95**  
*Yellow bean cooked in tapioca flour topped with coconut milk.*

- Sarai \$4.95**  
*Asian Jell-O topped with a coconut layer.*
- Banana Pudding \$4.95**  
*A Cambodian delicacy that is made with bananas, coconut and tapioca seeds.*
- Red Bean Ice cream \$4.95**
- Green Tea Ice cream \$4.95**
- Fruit Medley \$4.95**  
*An assortment of fruits cut to fine cubes for the health conscious.*
- Shaved Ice \$6.95**  
*A choice of one fruit with the coldness of ice & sweetness of condensed milk*  
*Mango or Strawberry or Banana or Apple*
- Colorful Dessert Drinks \$3.95**  
*Boba OR Red Bean OR Load OR Blended Yellow Bean*

## **BEVERAGES**

- Specialty Drinks: \$2.75**  
*Thai-Iced Tea, Thai-Iced Coffee, Soybean Milk, Coffee with Condense Milk (Hot or Cold)*
- Soft Drinks: \$1.75**  
*Coke, Diet Coke, Sprite, Squirt, Root Beer, Dr Pepper, Orange Soda*
- Juices: \$2.95**  
*Fresh Squeeze Orange Juice, Apple Juice, Fresh Baby Coconut Juice*
- Tea: \$1.50**  
*House Brew, Lipton Iced Tea, Jasmine Iced Tea*
- Thai Iced Teas with Boba \$3.95**